



Rsd-13 Elementary Schools January "2022"



Monday Tuesday Wednesday Thursday Friday

<p>1st choice 2nd choice Vegetables Vegetables Fruit Bread</p>	<p>3 Corn Dogs & Tots or Grilled Cheese Tomato Soup Rainbow Veggie Tray Rainbow Fruit Tray</p>	<p>4 Popcorn Chick Potato Bowl Or Macaroni & cheese Bowl Rainbow Veggie Tray Rainbow Fruit Tray</p>	<p>LUNCH BUNCH 5 </p>	<p>6 Steak-n-Cheese Wrap Or B-B-Q Chicken Wrap WG Tortilla Chips Black Bean Salad Mix Berry Cup</p>	<p>7 Cheese Pizza or Tuna Sub on WG Wrap Rainbow Veggie Cup Rainbow Fruit Tray</p>
<p>1st choice 2nd choice Vegetables Vegetables Fruit Bread</p>	<p>10 Chicken Patty Sandwich Or Steak-n-Cheese Wrap French Fries, Rainbow Veggie Cup Rainbow Fruit Tray</p>	<p>11 Pancakes-n-Sausage stick Or Egg-n-Cheese Bagel Hash brown, Rainbow Veggie Cup Orange Juice</p>	<p>LUNCH BUNCH 12 </p>	<p>13 Chicken & Rice Taco Bowl or Beef & Rice Taco Bowl w/ WG Tortilla chips Bean Salad Rainbow Fruit Tray</p>	<p>14 Cheese Pizza or Fish Sticks & Tots Rainbow Veggie Cup Rainbow Fruit Tray</p>
<p>1st choice 2nd choice Vegetables Vegetables Fruit Bread</p>	<p>No school 17 </p>	<p>18 Baked Ziti w/ Beef & Chz Or Mozzarella Sticks Garden Salad Rainbow Fruit Pack WG Dinner Roll</p>	<p>LUNCH BUNCH 19 </p>	<p>20 Cheese Quesadilla Or Chicken Quesadilla Southwest Fiesta Corn mix Tater tots Mix Berry Cup</p>	<p>21 Cheese Pizza or Fish Sandwich & Fries Rainbow Veggie Cup Rainbow Fruit Pack</p>
<p>1st choice 2nd choice Vegetables Vegetables Fruit Bread</p>	<p>24 Hamburger on WG bun Or Hot Dog on WG bun French Fries Rainbow Veggie Cup Rainbow Fruit Pack</p>	<p>25 French Toast Bites & Sausage or Egg-n-Cheese Sandwich Hash Brown, Baby Carrots Orange Juice</p>	<p>26 Steak-n-Cheese Wrap Or B-B-Q Chicken Wrap WG Tortilla Chips Black Bean Salad Mix Berry Cup</p>	<p>EARLY RELEASE 27 </p>	<p>28 Cheese Pizza Tuna Sub on WG Wrap Rainbow Veggie Tray Rainbow Fruit Tray</p>
<p>1st choice 2nd choice Vegetables Vegetables Fruit Bread</p>	<p>31 Chicken Fingers & Dips Or Hamburger Potato Rounds Rainbow Veggie Cup Rainbow Fruit Tray</p>			<p>LUNCH BUNCH Served with :</p> <ul style="list-style-type: none"> • Juice Box • Baby Carrots & dip • WG Rice Krispie Treat • Small WG Chips <p>#1- Egg Salad Sandwich #2- Chicken Salad Sandwich #3- Ham & Cheese Sandwich</p>	