

Strong Daily Announcement

November 4, 2009

- **Basketball/Cheerleading: Sign-ups begin this week.** Sign up in your P.E. class this week. See Mr. Larson if you have any questions.
- **Sports Physicals: All players trying out for a winter sport must have a current physical exam on file with the school, dated within one year of the date of participation. Free school sports assessments with the Reg. 13 MD will take place on Thursday, Nov. 12th. Sign up with the school nurse. Please check ahead of time if you plan on trying out and are not sure if you need a physical.**
- Newspaper Meeting: After school today & Friday. Don't worry if you didn't meet the deadline! The meeting will end at 3 p.m.
- Cross-Country: If you did not receive a sweatshirt form and would like one; stop by and see Ms. Bichun. All uniforms **must be returned to Ms. Bichun by Friday, Nov. 6th.** Please label your uniform (sticky note or other label) so Ms. Bichun can check your name off.
- Student Council: Will be collecting food/\$ for the needy. Students who bring in 5 non-perishable food items or \$5.00 will receive a free homework pass!
- Math Club: Meeting Friday, Nov. 6th until 3:00 in room 108.
- Soccer: Girls varsity lost its first game of the year to undefeated Portland 2-1. Victoria had the only goal. JV tied 0-0. Boys: Lost to Portland 2-1. Tyler had the lone goal for Strong.