

MIDDLESEX COUNTY YOUTH HOCKEY ASSOCIATION (MCYHA) Instructional Hockey Programs

MCYHA (mcyha.org) is a non-profit, volunteer, youth ice hockey organization for boys and girls living in Middlesex County and other towns in greater Middletown. For more than twenty-five years we have offered instructional programs for children 4+. Many MCYHA skaters have competed on our travel teams into their teenage years and gone on to play at the high school level. Some have competed at the collegiate level. Most of our instructional programming is offered at Spurrier-Snyder Rink on the campus of Wesleyan University, home to the men's and women's ice hockey teams at Wesleyan. We invite you to learn more about Middlesex Hockey and consider joining one of our programs for beginners and those with basic skating skills.

Learn To Skate Program

NO experience necessary – developed for beginning skaters ages 4+

Sunday morning (9AM*) session available: Jan 3 – Mar 14 (\$175/session)

Wesleyan University Spurrier-Snyder Rink

Equipment needed: hockey skates, helmet with mask, elbow pads, hockey gloves

Learn To Play Program

Basic skating experience necessary – teaches basics of hockey to ages 4+

Sunday morning (8AM*) session available: Jan 3 – Mar 14 (\$175/session)

Wesleyan University Spurrier-Snyder Rink

Equipment needed: full hockey gear **

Recreational In-House League

Basic hockey knowledge necessary – recreational play for ages 5+

Sat 12:00PM and Wed evening 5:30PM*

One practice session and one cross ice game per week

Sessions available: Jan 2 – Mar 17 (\$350/session)

Champions Rink (Cromwell)

Equipment needed: full hockey gear

Registration Dates:

Saturday 12/19 - Champions Rink, Cromwell CT, 12-1 PM

Sunday 12/20 - Wesleyan University Freeman Athletic Center, Middletown CT, 8-10 AM

10:00am at Wesleyan in Middletown.

On-line Registration is available by going into the "On Line Forms" on the left hand side pull down menu of the MCYHA.org website. Select "2009-2010 Registration". Fill out the appropriate information.

Registration will also be held on the first the day of In House Jan. 2nd 11:00-1:00pm at Champions Rink in Cromwell and the first day of Learn to Play and Learn to Skate from 8:00 to 10:00AM at Wesleyan University Spurrier-Snyder Rink in Middletown.

**For more information or to register online visit us at MCYHA.ORG
or contact Steve McClellan - smcclellan121@sbcglobal.net**