



\$3.50

Rsd-13 Elementary Schools

DECEMBER 2017

*All meals include choice of hot or cold vegetable, assorted fresh fruit or fruit cup, whole grain bread and a choice of milk.(1% and low fat Chocolate milk.)
Fresh Fruit offered Daily

Happy Holidays

Monday

Tuesday

Wednesday

Thursday

Friday

1st choice
2nd choice
Vegetables
Vegetable
fruit
Bread



1 Cheese Pizza
Fish Sandwich & Tots
Garden Salad
Celery Sticks
Chilled Peaches

1st choice
2nd choice
Vegetables
Vegetable
fruit
Bread

4 **BREAKFAST for LUNCH**
(2) French Toast Stix
(1) Sausage Link
Cheese Egg Omlet
Chix Pea Salad
Fresh Orange Wedges

5 General Tso Chicken
Or Swedish Meatballs
Over white Rice
Broccoli Florets w/ lemon
Apple sauce
Whole Grain Dinner roll

6 **EARLY DISMISSAL**
BREAKFAST BUNCH



7 Taco Salad
Chicken Ranchero Wrap
Spanish Rice
Sweet Corn
Mandarine oranges
Whole Grain Dinner roll

8 Cheese pizza
Fish-n-Chips
Romaine Garden salad
Celery Sticks
Fresh Fruit
Whole Grain Dinner roll

1st choice
2nd choice
Vegetables
Vegetable
fruit
Bread

11 Chicken Tenders & Dips
Hamburger w/ lettuce & Tom
French Fries
Apple Sauce
Whole Grain Dinner roll

12 Spaghetti & Chicken Parm
Or Mozzarella Sticks & sauce
Italian Style Green Beans
Or Veggie Sticks
Mixed Fruit Cup

13 Grilled cheese Sandwich
Philly Steak sub
Chicken Noodle Soup
Baby Carrots
Chilled Pineapple

14 Hot Dog w/ side of Mac
Macaroni-n-Cheese
Baked Beans
Mandarine Oranges

15 Cheese Pizza
Fish Sandwich & SW Tots
Garden Salad
Celery Sticks
Chilled Peaches

1st choice
2nd choice
Vegetables
Vegetable
fruit
Bread

18 Philly Cheesesteak W/G roll
Mozzarella Sticks & sauce
Cosmic Creation tots
Broccoli Florets w/ lemon
Fresh fruit
Whole Grain Dinner roll

4 **BREAKFAST for LUNCH**
Pancakes & Sausage
Egg-n-Cheese slider
Hash Brown
Chilled Pineapples
Whole Grain Dinner roll

20 Cheeseburger Macaroni
Or Chicken Patty Sand & tots
Veggie Sticks & Ranch
Fresh fruit
Whole Grain Dinner roll

21 Cheese Pizza
Or Tuna Sub
Garden Salad
Chilled Peaches

22 **EARLY DISMISSAL**
LUNCH BUNCH



1st choice
2nd choice
Vegetables
Vegetable
fruit
Bread

LUNCH BUNCH
OPT #1 4 oz. Dannon Yogurt
OPT#2 Bagel & Cream Cheese
OPT#3 Choice of WG Cereal
ALL served with String Cheese, Baby Carrots w/ dip, apple sauce and Choice of Milk

DAILY CHEF SALADS
A limited number of chef salads will be offered daily. Served w/ Dinner roll , fruit & milk

