



**Regional School District 13**  
**2010 MARCH**  
**Brewster, Korn, Lyman & Memorial**  
**GO HUSKIES!!**



*Meals are \$2.75*

All meals include choice of hot or cold vegetable, fresh fruit or fruit cup, bread and a choice of milk (whole, skim, 1%) and low fat Choco-

|  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|---|--|--|---|---|
| 1st choice<br>2nd choice<br>Vegetables<br>Fruit<br>Bread   | 1<br>Chicken Patty Sandwich<br>Steak-n-Cheese Sub<br>French Fries, Veggie sticks<br>Choice of fresh fruit | 2<br>Scrambled Eggs<br>French Toast sticks & sausage<br>Hash Brown,<br>Fruit cup                                       | 3<br>Macaroni & Cheese<br>Hot Dog & Tots<br>Veggie sticks, Dinner roll<br>Choice of Fresh Fruit  | 4<br>Taco Grande<br>Mozzarella Sticks<br>Garden Salad,<br>Pineapple cup   | 5<br>Cheese pizza<br>Fish Sandwich<br>Garden salad<br>Fresh Fruit |
| 8<br>Hot Dog<br>Hamburger on wheat bun<br>Boston Baked Beans<br>Potato chips & Fresh Fruit                 | 9<br>Chicken Tenders<br>Grill Cheese<br>Potato wedges, Veggie<br>Sticks, Chilled pears cup                | 10<br><b>LUNCH BUNCH</b><br>   | 11<br>Baked Ziti w/ Meat sauce<br>Chicken Parmesan<br>Garden salad<br>Fresh fruit & roll   | 12<br>Cheese pizza<br>Tuna Sub<br>Garden salad<br>Fresh Fruit   |   |
| 15<br>Meatball Sub<br>Ham & Cheese Sub<br>Tater tots, Veggie sticks<br>Choice of Fresh Fruit               | 16<br>Quesadilla<br>Sloppy Joe<br>Southwest corn<br>Mix fruit salad                                       | 17<br><b>St. Patrick's Day!</b><br>McChick Drummies<br>Clancy's Meatballs<br>O'Brien Potatoes<br>Chilled Peaches, Roll | 18<br>Taco Grande<br>Mozzarella Sticks<br>Garden Salad,<br>Pineapple cup   | 19<br>Cheese pizza<br>Fun Fish Sticks<br>Garden salad<br>Fresh Fruit  |   |
| 22<br>Chicken Patty Sandwich<br>Steak-n-Cheese Sub<br>French Fries, Veggie sticks<br>Choice of fresh fruit | 23<br>Bagel Pizza<br>Cheeseburger<br>French Fries, Veggie sticks<br>Apple                                 | 24<br><b>LUNCH BUNCH</b><br>   | 25<br>Sausage Pancake stick<br>Egg-n-Cheese Bagel<br>Hash brown,<br>Orange Wedges  | 26<br>Cheese pizza<br>Fish Sandwich<br>Garden salad<br>Fresh Fruit  |   |
| 29<br>Hot Dog<br>Hamburger on wheat bun<br>Boston Baked Beans<br>Potato chips & Fresh Fruit                | 30<br>Meatballs<br>Chicken Nuggets<br>Butter noodles, mix<br>Vegetables, fresh fruit                      | 31<br>Pizza Dippers<br>Chicken Quesadilla<br>Veggie sticks<br>mix  | Lunch Bunch Opt-2<br>4 oz. Dannon Yogurt<br>String cheese, baby carrot<br>w/ ranch dressing,<br>Fresh Apple, Teddy Graham<br>Lunch Bunch Opt-1<br>Bagel & Cream Cheese<br>String cheese, baby carrot<br>w/ ranch dressing,<br>Fresh Apple, Fruit Snack | Lunch Bunch Opt-3<br>Cereal Choice<br>String cheese, baby carrot<br>w/ ranch dressing, Banana<br>Fruit Snack, Juice box |   |



Meal tickets can be purchased on a daily bases.

**Daily:** \$2.75  
**5-Day ticket:** \$13.75  
**10-Day Ticket:** \$27.50



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