







Regional School District 13
September 2010
Brewster, Korn, Lyman, Memorial Schools



Meals are \$2.75
 All meals include choice of hot or cold vegetable, fresh fruit or fruit cup, bread and a choice of milk. (whole, skim, 1% and low fat Chocolate milk.)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Meal tickets can be purchased on a daily bases. Daily: \$2.75 5-Day ticket: \$13.75 10-Day Ticket: \$27.50</p>				
1st choice 2nd choice Vegetables Fruit Bread				<p>"Back-to-School" 2 Chicken Quesadilla Cheeseburger Tater Tots Chilled Pineapple</p>	<p>3 Cheese pizza Fish Sandwich & Tots Garden salad Chilled Peaches</p>
1st choice 2nd choice Vegetables Fruit	<p>6 <i>Labor Day</i></p>	<p>7 Pizza Dippers Cheeseburger Tater tots</p>	<p>8 Spaghetti & Meatballs Cheese Calzone Green Beans, breadstick</p>	<p>9 Beef soft taco Chicken-n-Cheese Burrito Sweet corn, Garden salad</p>	<p>10 Cheese pizza Fish-n-Chips Garden salad</p>
1st choice 2nd choice Vegetables Fruit Bread	<p>13 Hot Dogs Sloppy Joe Tater Tots Apple Sauce</p>	<p>14  Chicken Patty Sandwich Hamburger Tater Tots Chilled Pineapple</p>	<p>15 Meatball Grinder Cheese Calzone Veggies Sticks Mix Fruit Cup</p>	<p>16 Taco Salad Chicken Quesadilla Cole Slaw Manderine Oranges</p>	<p>17 Cheese Pizza Fish-n-Chips Garden Salad Chilled Peaches</p>
1st choice 2nd choice Vegetables Fruit Bread	<p>20 Chicken Nuggets Grilled Cheese Krinkle cut Fries Apple Sauce</p>	<p>21  French Toast Sticks Egg-&-Cheese Sand. Tater Tots Chilled Pineapples</p>	<p>22 Baked Ziti w/ meat sauce Chicken Parmesan Green Beans Mix Fruit Cup</p>	<p>23 Chicken-n-Cheese Burrito Cheese Quesadilla Sweet Corn Manderine oranges</p>	<p>24  "Durham Fair" <u>School</u></p>
1st choice 2nd choice Vegetables Fruit Bread	<p>27 Chicken Tenders Hamburger French Fries Apple Sauce</p>	<p>28 Pancakes Ham-n-Cheese Sub Tater tots Chilled Pineapple</p>	<p>29  Philly Cheesesteak Mozzarella Sticks Krinkle cut fries Chilled fruit cup</p>	<p>30 Macaroni-n-Cheese Hamburger Tater Tots Chilled Pineapple</p>	<p align="right">Mark Basil, FSD 135 Pickett Lane, Durham, CT, 06422 349-7200 mbasil@rsd13.org</p>

